



Kind Omega-3 Syrup



125 mg DHA / 15 ml
+ 11 vitamins
essential to support
cerebral and cognitive
development

Food supplement

Educating children to eat healthy food is important. This helps prevent adoption of bad eating habits which can be at the origin of nutrient deficiencies on the long term.

Among the nutrients required for proper brain function and cognition, omega-3 fatty acids play a determinant role. DHA (Docosahexaenoic acid) in particular accumulates in neuron membranes where it allows optimal transmission of nerve impulses. In addition the contribution of DHA to retina development and in the maintenance of vision in children has been well established.

Composition	Per 15 ml	Per 30 ml
Vitamin A	200 µg	400 µg
Vitamin D ₃	2.5 µg	5 µg
Vitamin C	100 mg	200 mg
Vitamin E	6 mg	12 mg
Vitamin B ₁	0.55 mg	1.1 mg
Vitamin B ₂	0.7 mg	1.4 mg
Niacin	8 mg	16 mg
Pantothenic acid	3 mg	6 mg
Vitamin B ₆	0.7 mg	1.4 mg
Biotin	25 µg	50 µg
Vitamin B ₁₂	1.25 µg	2.5 µg
Fish oil	535 mg	1070 mg
- thereof DHA	125 mg	250 mg
- thereof EPA	27 mg	54 mg

*lactose- &
gluten-free*

Dosage:

Children 1-3 years: 7.5 ml (1/4 cup) per day

Children 4-7 years: 15 ml (1/2 cup) per day

Children above 7 years: 30 ml (1 cup) per day

SHAKE WELL BEFORE USE!

Energetic value:

15 ml correspond to 31 kcal/130 kJ.

Recommendations:

Do not exceed the stated recommended daily dosage! Food supplements should not be used as a substitute for a varied diet. The product should be stored out of the reach of children. Do not store above 25 °C. After opening store in the refrigerator and consume within 1 month.

