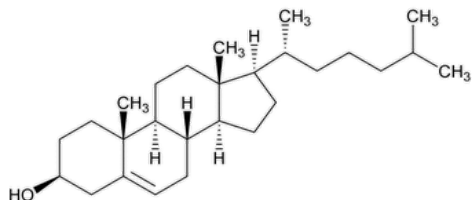


Status: Currently Official on 14-Feb-2025  
Official Date: Official as of 01-Aug-2024  
Document Type: NF Monographs  
DocId: GUID-608C2DC0-C644-46AE-974D-2D490D177D60\_4\_en-US  
DOI: [https://doi.org/10.31003/USPNF\\_M17220\\_04\\_01](https://doi.org/10.31003/USPNF_M17220_04_01)  
DOI Ref: 73c48

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# Cholesterol



$C_{27}H_{46}O$  386.65

Cholest-5-en-3-ol, (3β)-;

Cholest-5-en-3β-ol CAS RN®: 57-88-5.

## DEFINITION

Cholesterol is a steroid alcohol containing NLT 95.0% and NMT 102.0% of cholest-5-en-3β-ol ( $C_{27}H_{46}O$ ), calculated on the dried basis. It may contain suitable antioxidants.

## IDENTIFICATION

- **A.** [SPECTROSCOPIC IDENTIFICATION TESTS \(197\)](#), [Infrared Spectroscopy: 197A](#) or [197K](#)
- **B.** It meets the requirements of the test for [Optical Rotation \(781S\)](#), [Procedures](#), [Specific Rotation](#).
- **C.** It meets the requirements of the test for [Melting Range or Temperature \(741\)](#).

## ASSAY

### PROCEDURE

**Standard solution:** 1.0 mg/mL of [USP Cholesterol RS](#) and 1.0 mg/mL of pregnenolone isobutyrate (internal standard) in heptane

**Sample solution:** 1.0 mg/mL of Cholesterol and 1.0 mg/mL of pregnenolone isobutyrate (internal standard) in heptane

### Chromatographic system

(See [Chromatography \(621\)](#), [System Suitability](#).)

**Mode:** GC

**Detector:** Flame ionization

**Column:** 0.25-mm × 30-m capillary bonded with a 0.25-μm layer of phase G2

### Temperatures

**Injection port:** 285°

**Column:** 275°

**Detector:** 300°

**Carrier gas:** Helium

**Flow rate:** 2.0 mL/min

**Injection volume:** 1.0 μL

**Injection type:** Split ratio, 25:1

**Liner:** Cup splitter liner (4 mm × 6.3 × 78.5) with deactivated glass wool

### System suitability

**Sample:** Standard solution

[NOTE—The relative retention times for pregnenolone isobutyrate and cholesterol are 1.0 and 1.2, respectively.]

### Suitability requirements

**Resolution:** NLT 10 between pregnenolone isobutyrate and cholesterol

**Relative standard deviation:** NMT 2.0% for the peak response ratio of cholesterol to the internal standard

### Analysis

**Samples:** *Standard solution* and *Sample solution*

Calculate the percentage of cholesterol in the portion of sample taken:

$$\text{Result} = (R_U/R_S) \times (C_S/C_U) \times 100$$

$R_U$  = peak response ratio of cholesterol to the internal standard (peak response of cholesterol/peak response of the internal standard) from the *Sample solution*

$R_S$  = peak response ratio of cholesterol to the internal standard (peak response of cholesterol/peak response of the internal standard) from the *Standard solution*

$C_S$  = concentration of [USP Cholesterol RS](#) in the *Standard solution* (mg/mL)

$C_U$  = concentration of Cholesterol in the *Sample solution* (mg/mL)

**Acceptance criteria:** 95.0%–102.0% on the dried basis

## IMPURITIES

• [RESIDUE ON IGNITION \(281\)](#): NMT 0.1%

• **LIMIT OF RELATED STEROLS AND OTHER ORGANIC IMPURITIES**

**Internal standard solution:** 0.02 mg/mL of pregnenolone isobutyrate (internal standard) in heptane

**System suitability solution:** 0.02 mg/mL of [USP Cholesterol RS](#), 0.04 mg/mL of desmosterol, and 0.02 mg/mL of lathosterol in *Internal standard solution*

**Sample solution:** 2.0 mg/mL of Cholesterol in *Internal standard solution*

**Chromatographic system:** Proceed as directed in the Assay.

### System suitability

**Sample:** *System suitability solution*

[NOTE—See [Table 1](#) for the relative retention times.]

**Table 1**

Name	Relative Retention Time
Pregnenolone isobutyrate (internal standard)	1.00
Cholesterol	1.23
Desmosterol (cholesta-5,24-dien-3 $\beta$ -ol)	1.31
Lathosterol (5 $\alpha$ -cholest-7-en-3 $\beta$ -ol)	1.34

### Suitability requirements

**Resolution:** NLT 2.0 between desmosterol and lathosterol

**Relative standard deviation:** NMT 5.0% for peak response ratio of desmosterol to the internal standard

### Analysis

**Samples:** *System suitability solution* and *Sample solution*

Three more related sterols may be observed (see [Table 2](#)).

**Table 2**

Name	Relative Retention Time
Pregnenolone isobutyrate (internal standard)	1.00
$\beta$ -Cholestanol (5 $\alpha$ -cholestan-3 $\beta$ -ol, dihydrocholesterol)	1.24

Name	Relative Retention Time
24-Dehydrolathosterol (5 $\alpha$ -cholesta-7,24-dien-3 $\beta$ -ol)	1.42
4-Methylcholest-5-en-3 $\beta$ -ol	1.51

Calculate the percentage of desmosterol or lathosterol in the portion of Cholesterol taken:

$$\text{Result} = (R_{U1}/R_{S1}) \times (C_{S1}/C_U) \times 100$$

$R_{U1}$  = peak response ratio of desmosterol or lathosterol to the internal standard (peak response of desmosterol or lathosterol/peak response of the internal standard) from the *Sample solution*

$R_{S1}$  = peak response ratio of desmosterol or lathosterol to the internal standard (peak response of desmosterol or lathosterol/peak response of the internal standard) from the *System suitability solution*

$C_{S1}$  = concentration of desmosterol or lathosterol in the *System suitability solution* (mg/mL)

$C_U$  = concentration of Cholesterol in the *Sample solution* (mg/mL)

Calculate the percentage of  $\beta$ -cholestanol, 24-dehydrolathosterol, 4-methylcholest-5-en-3 $\beta$ -ol, or any other unspecified organic impurity in the portion of Cholesterol taken:

$$\text{Result} = (R_{U2}/R_{S2}) \times (C_{S2}/C_U) \times 100$$

$R_{U2}$  = peak response ratio of  $\beta$ -cholestanol, 24-dehydrolathosterol, 4-methylcholest-5-en-3 $\beta$ -ol, or any other unspecified impurity to the internal standard (peak response of  $\beta$ -cholestanol, 24-dehydrolathosterol, 4-methylcholest-5-en-3 $\beta$ -ol, or any other unspecified impurity/peak response of the internal standard) from the *Sample solution*

$R_{S2}$  = peak response ratio of cholesterol to the internal standard (peak response of cholesterol/peak response of the internal standard) from the *System suitability solution*

$C_{S2}$  = concentration of [USP Cholesterol RS](#) in the *System suitability solution* (mg/mL)

$C_U$  = concentration of Cholesterol in the *Sample solution* (mg/mL)

**Acceptance criteria:** See [Table 3](#). Disregard peaks less than 0.05% for any unspecified impurities and any peaks due to solvent.

**Table 3**

Name	Acceptance Criteria (%)
$\beta$ -Cholestanol (5 $\alpha$ -cholestan-3 $\beta$ -ol, dihydrocholesterol)	$\leq 0.6$
Desmosterol	$\leq 4$
Lathosterol	$\leq 2$
24-Dehydrolathosterol (5 $\alpha$ -cholesta-7,24-dien-3 $\beta$ -ol)	$\leq 0.2$
4-Methylcholest-5-en-3 $\beta$ -ol	$\leq 0.5$
Total impurities including related sterols	$\leq 5$

## SPECIFIC TESTS

- **MELTING RANGE OR TEMPERATURE** ([741](#)): 147°–150°
- **OPTICAL ROTATION** ([781S](#)), [Procedures](#), [Specific Rotation](#)

**Sample solution:** 20 mg/mL, undried, in dioxane  
**Acceptance criteria:** −34° to −38°

**Change to read:**

• **ACIDITY**

**Sample:** 1.0 g

**Analysis:** Dissolve the *Sample* in 10 mL of ether in a small flask, add 10.0 mL of 0.10 N sodium hydroxide, and shake for about 1 min. Heat gently to expel the ether, then boil for 5 min. Cool, dilute with 10 mL of water, add phenolphthalein TS, and titrate with 0.10 N sulfuric acid until the pink color just disappears, stirring the solution vigorously throughout the titration. Perform a blank determination (see ▲ [Titrimetry](#) [\(541\)](#)▲ (CN 1-Aug-2024) ).

**Acceptance criteria:** The difference between the number of mL of 0.10 N sulfuric acid consumed in the blank and the number of mL consumed in the *Sample* is NMT 0.3 mL.

• **LOSS ON DRYING (731)**

**Analysis:** Dry under vacuum at 60° for 4 h.

**Acceptance criteria:** NMT 0.3%

• **SOLUBILITY IN ALCOHOL**

**Sample:** 500 mg

**Analysis:** Dissolve the *Sample* in 50 mL of warm alcohol in a stoppered flask or cylinder, and allow to stand at room temperature for 2 h.

**Acceptance criteria:** No deposit or turbidity is formed.

**ADDITIONAL REQUIREMENTS**

- **PACKAGING AND STORAGE:** Preserve in well-closed, light-resistant containers.
- **LABELING:** Label it to indicate whether cholesterol is derived from animal, synthetic, or vegetable sources. For animal-derived sources, indicate the species and tissue used (for example, bovine brain and spinal cord, wool fat, or chicken eggs). Indicate the names and amounts of any added antioxidants.
- **USP REFERENCE STANDARDS (11)**  
[USP Cholesterol RS](#)

**Auxiliary Information** - Please [check for your question in the FAQs](#) before contacting USP.

Topic/Question	Contact	Expert Committee
CHOLESTEROL	<a href="#">Documentary Standards Support</a>	CE2020 Complex Excipients

**Chromatographic Database Information:** [Chromatographic Database](#)

**Most Recently Appeared In:**  
Pharmacopeial Forum: Volume No. PF 42(2)

**Current DocID:** GUID-608C2DC0-C644-46AE-974D-2D490D177D60\_4\_en-US

**DOI:** [https://doi.org/10.31003/USPNF\\_M17220\\_04\\_01](https://doi.org/10.31003/USPNF_M17220_04_01)

**DOI ref:** [73c48](#)